

TotalRank	Class Rank	Numb	Name	Club	Sex	Class	Time
<b>5 Miler</b>							
1.	1.	140	Conall McClean	St Malachys AC	Mal	MOpen	24:42
2.	2.	37	Stephen Connolly	Annadale Striders	Mal	MOpen	26:12
3.	3.	82	James Hamilton	Ballymena Runners	Mal	MOpen	26:22
4.	4.	217	Cameron Stewart	Annadale Striders	Mal	MOpen	26:30
5.	1.	182	Lawrence O'Hara	North Belfast Harriers	Mal	M40	26:33
6.	5.	93	Jordan Heron	Larne AC	Mal	MOpen	28:13
7.	6.	203	Tadhg	Other	Mal	MOpen	28:20
8.	7.	102	Ricky Johnston	Jog Lisburn Running Club	Mal	MOpen	29:00
9.	8.	50	Steven Donegan	North Down AC	Mal	MOpen	29:41
10.	2.	153	John McGuigan	North Belfast Harriers	Mal	M40	29:44
11.	9.	240	Stuart Wilson	Victoria Park and Connswater	Mal	MOpen	29:54
12.	3.	132	David McAfee	Ballycastle Runners	Mal	M40	30:10
13.	1.	130	Cian Walls	Brooklyn Tech	Mal	MJunior	30:32
14.	4.	27	Paul Butcher	North Belfast Harriers	Mal	M40	30:38
15.	10.	239	Kristopher Wilson	Lagan Valley AC	Mal	MOpen	30:52
16.	1.	222	Alison Stocks	Other	Fem	FOpen	30:53
17.	2.	113	Sarah Lavery	Beechmount Harriers	Fem	FOpen	31:12
18.	1.	18	Bernard Brady	Ballymena and Antrim AC	Mal	M50	31:18
19.	11.	114	Jordan Lavery		Mal	MOpen	31:37
20.	12.	162	Gary McNally	St Peters	Mal	MOpen	31:39
21.	13.	209	Jack Sinclair	PACE Running Club	Mal	MOpen	31:43
22.	1.	128	Norman Mawhinney	Scrabo Striders	Mal	M60+	31:54
23.	2.	89	John Hasson	Ballycastle Runners	Mal	M50	31:58
24.	5.	135	Michael McAuley		Mal	M40	31:59
25.	6.	144	Mark McClenaghan	PACE Running Club	Mal	M40	32:18
26.	3.	147	Gemma McDonald	Ballycastle Runners	Fem	FOpen	32:32
27.	2.	192	Ben Proctor	Willowfield Harriers	Mal	MJunior	32:34
28.	14.	207	Conor Sheridan	East Coast AC	Mal	MOpen	32:42
29.	15.	23	James Brown	Herne Hill Harriers	Mal	MOpen	32:45
30.	3.	227	Geoffrey Turkington	n/a	Mal	M50	32:56
31.	4.	91	Natasha Henderson	North Belfast Harriers	Fem	FOpen	33:02
32.	5.	115	Kathleen Law	Ballymena Runners AC	Fem	FOpen	33:07
33.	16.	34	Ian Cleland	Seapark AC	Mal	MOpen	33:13
34.	17.	141	Lorcan McClean	St Malachys AC	Mal	MOpen	33:24
35.	7.	80	Andrew Gray	Ballydrain Harriers	Mal	M40	33:27
36.	8.	181	Michael O'Donoghue	Orangegrove AC	Mal	M40	33:45
37.	18.	67	David Foster	Seapark AC	Mal	MOpen	33:49
38.	19.	124	Nick Maclean	Springwell Running Club	Mal	MOpen	33:53
39.	1.	210	Mary Slocum	Wardpark Runners	Fem	F50	34:13
40.	9.	202	Graham Ross	Whitehead Runners	Mal	M40	34:26
41.	20.	71	Stephen Gallagher	Mallusk Harriers	Mal	MOpen	34:28
42.	4.	216	John Steele	Larne AC	Mal	M50	34:30
43.	10.	145	Neil McCready	Mallusk Harriers	Mal	M40	34:35
44.	1.	185	Allyson O'Toole	East Coast AC	Fem	F40	34:37
45.	6.	183	Fionnuala O'Hare	North Belfast Harriers	Fem	FOpen	34:39
46.	11.	84	David Hanna		Mal	M40	35:21
47.	7.	6	Erin Beattie	North Belfast Harriers	Fem	FOpen	35:48
48.	21.	175	Thomas Morrow	Larne AC	Mal	MOpen	36:00
49.	22.	21	Paul Brear Clarkson	East Down AC	Mal	MOpen	36:02
50.	2.	205	Athanasia Sevastaki	Belfast Running Club	Fem	F40	36:03

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51.	2.	101	William Jenkins	Seapark AC	Mal	M60+	36:13
52.	5.	233	Jonathan Weston	Orangegrove AC	Mal	M50	36:15
53.	8.	20	Alice Brear Clarkson	East Down AC	Fem	FOpen	36:21
54.	3.	221	Brian Stewart	North Belfast Harriers	Mal	M60+	36:25
55.	6.	112	Jonathan Kyle		Mal	M50	36:38
56.	23.	196	Kyle Ramsey	East Coast AC	Mal	MOpen	36:43
57.	24.	248	Ciaran Wright	Mallusk Harriers	Mal	MOpen	36:47
58.	25.	54	Aidan Doyle	Other	Mal	MOpen	36:47
59.	7.	7	Graham Beattie	Monkstown Spartans	Mal	M50	36:49
60.	1.	66	Claire Forth	PACE Running Club	Fem	F60+	36:53
61.	12.	17	Niall Bradshaw	Saintfield Striders	Mal	M40	36:53
62.	13.	75	chris gilbert	Belfast Running Club	Mal	M40	36:54
63.	14.	204	Andrew Sala	Other	Mal	M40	36:55
64.	8.	32	Paul Clarkin	East Coast AC	Mal	M50	37:03
65.	9.	19	Sarah Braniff	Barn runners	Fem	FOpen	37:06
66.	9.	13	Wesley Bonar		Mal	M50	37:08
67.	26.	119	Declan Leung	Virtual Run NI	Mal	MOpen	37:13
68.	2.	188	Janice Plumb	North Belfast Harriers	Fem	F50	37:19
69.	3.	105	Juliane Keane	Larne AC	Fem	F50	37:28
70.	10.	29	chris callaghan	North Belfast Harriers	Mal	M50	37:31
71.	11.	85	Davy Hanna	Belfast Running Club	Mal	M50	37:45
72.	15.	167	Jock Mewha	Other	Mal	M40	37:46
73.	27.	125	Michael Magee	Other	Mal	MOpen	37:56
74.	16.	52	Dom Dorris		Mal	M40	37:59
75.	28.	30	Matty Carleton	North Belfast Harriers	Mal	MOpen	38:00
76.	29.	195	James Robinson	East Coast AC	Mal	MOpen	38:02
77.	30.	48	Chris Donaghy		Mal	MOpen	38:04
78.	17.	241	John Hughes	Ballymena Runners	Mal	M40	38:06
79.	3.	249	Nicola Wylie	PACE Running Club	Fem	F40	38:12
80.	31.	136	Mark McAvoy	North Belfast Harriers	Mal	MOpen	38:18
81.	10.	131	Leah Mc Avoy	North Belfast Harriers	Fem	FOpen	38:19
82.	18.	2	Stephen Allen	East Coast AC	Mal	M40	38:23
83.	4.	225	Brian Todd	Orangegrove AC	Mal	M60+	38:33
84.	5.	35	Sam Cochrane		Mal	M60+	39:24
85.	11.	116	Julia Leckie	Whitehead Runners	Fem	FOpen	39:32
86.	12.	100	Maurice Jeffers		Mal	M50	39:33
87.	13.	24	Frank Brownlow	Athletics NI	Mal	M50	39:45
88.	4.	242	Yolande Wilson	East Coast AC	Fem	F40	39:51
89.	14.	72	Ron Gardiner	Down Triathlon Club	Mal	M50	39:53
90.	19.	121	David Limb		Mal	M40	39:53
91.	15.	77	Paul Gillan	Glenlough Running Club	Mal	M50	40:08
92.	5.	154	Yvonne Mcllree	Whitehead Runners	Fem	F40	40:14
93.	3.	214	Charlie Stanley	CWS	Mal	MJunior	40:14
94.	12.	133	Sinead-marie	Larne AC	Fem	FOpen	40:15
95.	6.	201	Ivor Robinson	Ballymena and Antrim AC	Mal	M60+	40:19
96.	13.	39	Heatherann Connor	Monkstown Spartans	Fem	FOpen	40:20
97.	4.	206	Lynda Shannon	Seapark AC	Fem	F50	40:21
98.	5.	231	Elizabeth Watt	Victoria Park and Connswater	Fem	F50	40:28
99.	32.	104	Karl Joyce	East Coast AC	Mal	MOpen	40:34
100.	14.	87	Jo Harris	East Coast AC	Fem	FOpen	40:36
101.	33.	97	James Hoy		Mal	MOpen	40:44
102.	2.	129	Jacqueline Maxwell	Orangegrove AC	Fem	F60+	40:52

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103.	16.	168	Matthew Milliken	Other	Mal	M50	40:56
104.	15.	25	Joanna Burns	N/A	Fem	FOpen	40:57
105.	7.	60	Sam Dunn	Other	Mal	M60+	41:00
106.	34.	123	John-Paul Lynn	Non Affiliated	Mal	MOpen	41:02
107.	17.	166	David McWhirter	East Coast AC	Mal	M50	41:05
108.	35.	31	Jason Chin	None	Mal	MOpen	41:11
109.	6.	90	Aine Hasson	Other	Fem	F50	41:12
110.	8.	215	Peter Stark	Springwell Running Club	Mal	M60+	41:20
111.	9.	180	David O'Brien	Dunleer AC	Mal	M60+	41:25
112.	3.	86	Rosemary Hargan	Rosemary's Runners	Fem	F60+	41:37
113.	18.	12	Kyle Black	Whitehead Runners	Mal	M50	41:41
114.	20.	179	Alan Newton		Mal	M40	41:43
115.	6.	243	Sarah Wilson	Other	Fem	F40	41:48
116.	19.	95	John Hood		Mal	M50	42:01
117.	21.	156	Bernard McKeaveney	Mallusk Harriers	Mal	M40	42:04
118.	10.	146	Alwyn McCreanor		Mal	M60+	42:25
119.	7.	127	Amanda Martin	Scrabo Striders	Fem	F50	42:25
120.	7.	232	Elaine Weston	Orangetown AC	Fem	F40	42:44
121.	22.	117	Killian Leonard	Other	Mal	M40	42:51
122.	16.	33	Sara Cleland	Seapark AC	Fem	FOpen	43:21
123.	36.	244	Paul Withers	Other	Mal	MOpen	43:21
124.	37.	171	Nathan Moore	Other	Mal	MOpen	43:22
125.	17.	41	Kerry Coulter	Not part of club	Fem	FOpen	43:23
126.	20.	250	Jim Young	Other	Mal	M50	43:35
127.	8.	53	Irene Downey	Co Antrim Harriers	Fem	F50	43:44
128.	38.	163	Gary McNeill	East Coast AC	Mal	MOpen	43:46
129.	18.	120	Selina Katie Lewis	Other	Fem	FOpen	43:46
130.	4.	200	Bernie Regan	East Coast AC	Fem	F60+	43:51
131.	39.	61	Michael Ervine	Other	Mal	MOpen	44:00
132.	19.	161	Sarah McMillan	East Coast AC	Fem	FOpen	44:06
133.	23.	191	Robert Powell	Larne AC	Mal	M40	44:10
134.	11.	74	Robert Gibson	Monkstown Spartans	Mal	M60+	44:18
135.	20.	62	Ashlee Ervine	Other	Fem	FOpen	44:20
136.	40.	178	Stuart Murray		Mal	MOpen	44:25
137.	8.	81	nichola green		Fem	F40	44:44
138.	12.	83	Stephen Hamilton		Mal	M60+	44:47
139.	21.	194	Orla Quinn-Ellis	Whitehead Runners	Fem	FOpen	44:56
140.	13.	78	Greame Goldsworthy	Other	Mal	M60+	45:03
141.	21.	149	Damian McGearry	Running Punks	Mal	M50	45:27
142.	24.	224	David Sykes O'Reilly	Other	Mal	M40	45:41
143.	14.	184	Paul O'Hare	NI Civil Service AC	Mal	M60+	45:43
144.	25.	43	Alan Davison		Mal	M40	45:45
145.	41.	236	Michael Whitehead	Whitehead Runners	Mal	MOpen	45:48
146.	26.	160	Alan McMaster		Mal	M40	45:52
147.	22.	235	Alan White	Springwell Running Club	Mal	M50	45:58
148.	9.	118	Christine Leonard	Whitehead Runners	Fem	F40	45:59
149.	42.	143	Andrew McCleery	Whitehead Runners	Mal	MOpen	46:05
150.	27.	14	Craig Boyd	N/A	Mal	M40	46:12
151.	9.	76	Kirstin Gillan	Glenlough Running Club	Fem	F50	46:24
152.	43.	22	Adam Brosnan	Other	Mal	MOpen	46:28
153.	15.	88	Gerald Harvey	Orangetown AC	Mal	M60+	46:31
154.	28.	165	Stephen	Monkstown Spartans	Mal	M40	46:36

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155.	10.	237	Nicola Williamson		Fem	F40	46:42
156.	29.	99	Roger Irwin	Whitehead Runners	Mal	M40	46:52
157.	30.	126	Neil Martin		Mal	M40	46:53
158.	22.	11	Jenna Black	Other	Fem	FOpen	46:59
159.	11.	187	Joanne Parkes	Whitehead Runners	Fem	F40	47:01
160.	5.	8	Margaret Beattie	Co Antrim Harriers	Fem	F60+	47:16
161.	4.	238	Charlie Wilson		Mal	MJunior	47:20
162.	16.	73	Gus Geddes	East Coast AC	Mal	M60+	47:26
163.	23.	79	Glenn Smyth	Barn Runners Carrickfergus	Mal	M50	47:32
164.	10.	103	Meta Johnston	Barn Runners	Fem	F50	47:34
165.	44.	59	Mark Dunn		Mal	MOpen	47:39
166.	12.	96	Glenda Hooke	Whitehead Runners	Fem	F40	47:47
167.	23.	151	Natasha McGowan	No club	Fem	FOpen	47:49
168.	17.	211	Andy Smyth	Seapark AC	Mal	M60+	48:41
169.	24.	137	Lauren McBride		Fem	FOpen	49:08
170.	6.	92	Alison Henderson	Co Antrim Harriers	Fem	F60+	49:34
171.	25.	10	Shelley Black	No club	Fem	FOpen	49:51
172.	45.	172	William Moore	Other	Mal	MOpen	49:51
173.	11.	3	Carol Annesley	Co Antrim Harriers	Fem	F50	49:56
174.	18.	193	John Proctor	Willowfield Harriers	Mal	M60+	49:57
175.	46.	223	Peter Stuart	Whitehead Runners	Mal	MOpen	50:07
176.	12.	234	Nicola White	Springwell Running Club	Fem	F50	50:17
177.	13.	158	Heather McLaughlin	Springwell Running Club	Fem	F50	50:17
178.	7.	122	Stephanie Lloyd		Fem	F60+	50:44
179.	47.	229	Stuart Watson		Mal	MOpen	50:53
180.	13.	28	Tanya Byers		Fem	F40	50:57
181.	24.	46	Bob Dempster	Ballymena Runners	Mal	M50	51:14
182.	48.	44	Owen Dempster	Ballymena Runners	Mal	MOpen	51:14
183.	25.	230	David Watson		Mal	M50	51:17
184.	8.	111	Doris Kirby	East Coast AC	Fem	F60+	51:24
185.	14.	98	Audrey Hoy		Fem	F50	51:28
186.	9.	49	Philomena Donaldson	North Belfast Harriers	Fem	F60+	52:06
187.	19.	16	Dermot Boyd	Mallusk Harriers	Mal	M60+	52:07
188.	15.	142	Una McClean		Fem	F50	52:07
189.	14.	38	Paula Connolly	None	Fem	F40	52:53
190.	16.	45	Mary Dempster	Ballymena Runners	Fem	F50	53:08
191.	26.	106	Eadaoin Kelly	North Belfast Harriers	Fem	FOpen	53:45
192.	10.	65	Wendy Forsythe		Fem	F60+	53:58
193.	15.	212	Jen Soppitt		Fem	F40	55:05
194.	16.	15	Helen Boyd	Seapark AC	Fem	F40	55:15
195.	17.	150	Jacqueline McGonigle	Three Counties Running Club	Fem	F50	55:20
196.	17.	139	Claire McCaughey	Other	Fem	F40	55:51
197.	18.	40	Teresa Cotton	Seapark AC	Fem	F40	55:57
198.	27.	36	Christine Coleman		Fem	FOpen	56:12
199.	11.	94	Lynne Hildrew	No club	Fem	F60+	56:16
200.	19.	164	Carolynne		Fem	F40	56:30
201.	28.	208	Ellen Simpson	Other	Fem	FOpen	57:02
202.	49.	197	Iain Rea		Mal	MOpen	57:16
203.	20.	56	Malachy Doyle	PACE Running Club	Mal	M60+	57:27
204.	18.	55	Roisin Doyle	PACE Running Club	Fem	F50	57:30
205.	31.	109	Team Kerr	Team Kerr	Mal	M40	58:12
206.	29.	134	Jennifer McAteer	Craigavon Lakers	Fem	FOpen	59:47

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207.	21.	190	Chris Pollard	Whitehead Runners	Mal	M60+	1:06:11
208.	19.	148	Fiona McDonald	Ballydrain Harriers	Fem	F50	1:08:24
209.	20.	110	Heather Ketr	Whitehead Runners	Fem	F40	1:08:28

Number of records: 209